

Thanks for being an incredible partner!

We put together these FAQs to help you confidently share what makes our program unique. Whether you're answering questions from parents or spreading the word in your community, we hope this helps make it easy and clear!



What makes Inclyousion Sports different than other sports leagues?

Inclyousion Sports is a non-competitive, inclusive sports program for kids of all abilities. We prioritize fun, foundational skill-building and a supportive environment over scores. Kids with and without disabilities enjoy Inclyousion Sports.

My child doesn't have a disability. Can they still join?

Yes! Our program is open to all children regardless of diagnosis, background, or ability. Our goal is to create a space where every child can thrive and experience the joy of sports. Children with and without disabilities enjoy Inclyousion Sports.

Is this an adaptive sports program?

We are a recreational program that prioritizes inclusion and encourages peer interaction, participation, and fun for kids of all ability levels. Many families with children who receive services like OT, PT, or ABA find that our classes complement those goals in a natural, social setting.

Do you separate kids by skill or ability level?

No. Our model is designed to bring kids of all abilities together in the same class. Our coaches use adaptive teaching methods and flexible curriculum adjustments to help each child participate successfully.

Have you thought about offering the program to older children?

We have tried offering programs for older children in the past, and unfortunately it's been difficult to attract an inclusive group of kids. The older kids have also wanted something more competitive, which isn't part of our curriculum. We have found that ages 2-10 allows us to focus on teaching non-competitive sports fundamentals to all abilities.

Is this a drop off program?

No. Parents or caregivers stay on-site and often join in to support and participate alongside their children.

Will the child learn real sports skills?

Yes! Our classes teach real sports fundamentals—dribbling, passing, teamwork, etc.—but we teach in a developmentally appropriate, play-based, and inclusive way.

How are Inclyousion Sports coaches different?

Our coaches are trained to recognize and accommodate the needs of all children whether it's taking breaks, modifying activities, or adjusting expectations. Coaches complete robust inclusion and behavioral trainings to support children of all abilities.

Can parents or caregivers participate during class?

Absolutely! Parents are always welcome to support their child. Whether it's staying nearby for comfort, helping with transitions, or stepping in during challenging moments, we want families to feel supported and included.

What equipment do they need?

All sports equipment is provided! The child needs to wear comfortable clothes and shoes and bring a water bottle to stay hydrated.

Can they participate in Inclyousion Sports while participating in another sports program?

Many of the children in Inclyousion Sports classes participate in their town league sports programs alongside our classes, while others join us to build skills before entering those programs—or simply prefer the supportive, inclusive environment we offer.

Do we prorate for half the season or missing dates?

No.

What if I have questions?

Reach out to Inclyousion Sports at info@inclyousionsports.com.